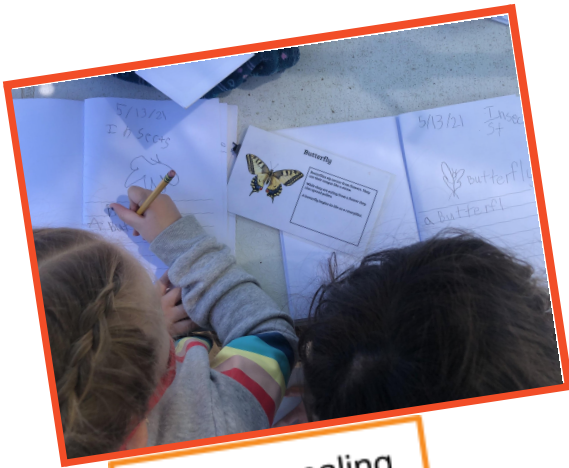




JUNE NEWSLETTER

Dear Beacon Families,

WE DID IT! It's been a tremendous school year and we are feeling summer time! We want to give a hearty thank you to the teachers, administrators and aides in the Beacon district. This program flourishes with their support and we are so appreciative of their flexibility this year.



Insect journaling

We have been busy bees in the garden this spring. Students have engaged in a variety of fun lessons including observational drawing, discovering insects and the power of pollinators and honeybees. What makes an insect an insect?! How many legs do insects have and what are their 3 main

body parts? We loved hearing students' responses and discovering

REAL insects living in our garden habitat. 2nd graders at Glenham even had the joy of releasing their painted lady butterflies after witnessing their metamorphosis from caterpillars. Students also had the opportunity to try our May vegetable of the month, spinach, and plant many more seeds for the warm season. We have so enjoyed growing and learning with your students this year.



Bee costume

Want to stay involved with Land to Learn and our gardens this summer? **We are looking for volunteers to help water the gardens!** [Sign up here](#) and find instructions for watering.

****Please click the tab for the school your student attends at the bottom of the spreadsheet.****

We are also looking for [parents and caregivers to participate in our end of year survey](#). We are always seeking to improve our program and understand our students' needs. We would really appreciate your responses to the following questions if you could take a few minutes to complete this survey. Thank you!

Have a wonderful summer,

Ms. Megan, Ms. Diana, & Ms. Nicole

For more information, including volunteer and giving opportunities, visit our website www.landtolearn.org

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June Vegetable of the Month

Lettuce

Spanish: Lechuga

Fun Facts!

Lettuce is part of the sunflower family, Asteraceae.

China produces the most lettuce in the world.

Americans consume 30 lbs. of lettuce, per person per year.

The lettuce that the Greeks and Romans ate in ancient times had sleep-inducing properties. This property, however, has already been bred out of the current varieties of lettuce.

Lettuce was a popular girls name in the 1800's, while Kale was popular for boys.

Watch [this video](#) to learn more about Lettuce!

What did the salad say when it's favorite song came on the radio?

Lettuce Turnip the Beet!

Lettuce Boat

Prep Time: 15 min.

Ingredients:

- Large romaine lettuce leaves
- 1 tomato
- 1 cucumber
- 1 red bell pepper
- 1 avocado
- 1 carrot
- Your favorite kind of cheese

Instructions:

1. Cut the tomato, cucumber & red bell pepper into small pieces.
2. Cut the avocado, remove the pit, and scoop the insides into a bowl.
3. Shred the carrot and the cheese with a cheese grater.
4. Mash up the avocado with a spoon. Spread the avocado on a lettuce leaf.
5. Sprinkle carrot on the avocado, then the other veggies. Sprinkle cheese, fold the sides of the lettuce over the cheese and enjoy.

Did you know?

There are many different varieties of lettuce and some have cool names, like Green Forest, Hyper Red, Ruffled Wave, Marvel of Four Seasons, Pirat, Red Tinged Winter, Revolution, Tango, Winter Wonderland, Deer's tongue and speckled trout..... just to name a few!



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